

# JENA'S Favorite Things

## 1. The Enneagram

### Books on the Enneagram:

[The Road Back to You by Ian Morgan Cron](#)

### Enneagram Tests:

[The Riso-Hudson Enneagram Type Indicator](#) - \$12

[Ian Morgan Cron's Enneagram Assessment](#) - \$60-\$120

### Favorite Enneagram Instagrams:

[@ninetypesco](#)

[@enneagramashton](#)



## 6. Topo Athletic Running Shoes

Say goodbye to joint pain and shin splints.

[Get them Here](#)



## 2. YogaBody Massage Balls

The best balls you'll ever own.

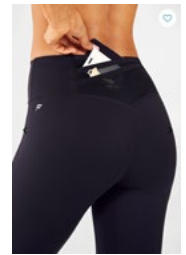
[Get them Here](#)



## 8. Fabletics Trinity High-Waisted Leggings

They make your butt look good. Real good.

[Get them Here](#)



## 3. Travel Cubes

Keep your items organized when you travel!

[Get them Here](#)



## 9. Wilderness Athlete Hydrate & Recover

A clean hydration drink with 100% daily dose of vitamin C, BCAAs, and no junk.

[Get it Here](#)



## 4. Loopy Cell Phone Cases

Never worry about dropping your phone and cracking your screen ever again!

[Get them Here](#)



## 10. Bulletproof Chocolate Collagen Protein

Tastes so good you don't need to doctor it with anything. Good for your skin & joints.

[Get it Here](#)



## 5. Beam CBD Oil

Love this for sleep!  
I get 1500mg in the MINT flavor.

[Get it Here](#)



## 11. Orangetheory Fitness

Both Linds and Jena's favorite workout studio. It's an obsesh.

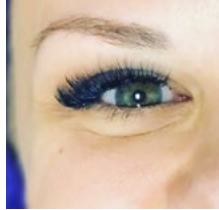
[Learn More](#)



LINDSAY'S  
*Favorite Things*

**1. Lash Extensions & Microblading**

Why not wake up looking fabulous?



**7. "Would Poop Here Again" Wood Sign**

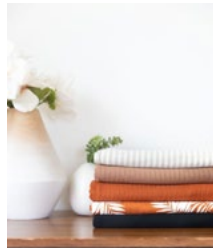
Great for a housewarming gift and a good laugh. [Get it Here](#)



**2. Cozy's Blankets**

The perfect weight and warmth in the cutest patterns ever!

[Get them Here](#)



**8. Red Velvet Powercrunch Protein Bars**

We're both obsessed with these.

[Get them Here](#)



**3. Fabletics Cashel Adjustable Top**

Comfy and cute.

[Get it Here](#)



**9. Kenra Platinum Blow-Dry Spray**

Tame your muff with this awesome stuff!

[Get it Here](#)



**4. White Noise Machine**

Literally can not, will not sleep without this thing.

[Get it Here](#)



**10. iHome Wireless Bluetooth Speaker**

...to listen to the TAGYST podcast, of course!

[Get it Here](#)



**5. It Cosmetics Your Skin But Better CC Cream**

Makes your skin look silky, smooth and natural.

[Get it Here](#)



**11. Vans Slip-On Shoes**

Especially the Small Leopard Print. Lady. Boner.

[Get them Here](#)



**6. Image Daily Tinted SPF**

This stuff is the. shit. Especially on days you want to keep it super simple and not wear a ton of makeup!

[Get it Here](#)



**12. Table Topics Cards**

These are so much fun! Create more fun and interesting conversations with friends and family!

[Get them Here](#)

